



EQUINE VETERINARY CARE

AT FAIR HILL TRAINING CENTER

Stem Cell and/or PRP Post-Treatment Protocol

Day 1-3:

- *STALL REST
- ***Banamine**, 500mg 2x/day for three days.
- *Sterile post-operative bandage will have been applied, leave on until Day 3.

Day 3-7:

- *STALL REST with hand grazing
- *Apply Surpass to area surrounding injection site under standing bandage.
- *Expect some generalized swelling in region of injection site.

Note:

Consider the implementation of adjunct rehabilitation modalities including: Hyperbaric Oxygen Therapy, Aquapacer treadmill exercise, Cold Saltwater Spa and/or the use of a vibrating floor stall.

Week 1-6:

- *STALL REST with hand grazing
- *ADD 5 minutes WALKING per week up to 30 minutes total in polos.
- *Exercise can be split into AM and PM sessions by hand or on machine.
- *Continue to bandage treated limb.

Week 6:

- ***Re-Ultrasound** treated limb in Week 6 *before adding jogging.*

Weeks 7-12:

- *WALK 30 minutes, ADD 5 minutes of controlled JOGGING each week.

Week 12:

- ***Re-Ultrasound** treated limb in Week 12 *before adding cantering and/or flat work.*

Weeks 13-16:

- *WALK 30 minutes, JOG 30 minutes.
- *CANTER OR FLAT WORK every other day.

Week 16:

- ***Re-Ultrasound** treated limb in Week 16 *before adding galloping or jumping*

Weeks 17-20:

- *WALK 30 minutes, JOG 30 minutes.
- *GALLOP or start low-level JUMPING every other day.

Week 21:

- ***Re-Ultrasound** treated limb 1 week after first breeze, X/C Schooling, etc.
- *Monitor treated limb for new edema, heat or sensitivity.